

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
25	26	27	28	29
Whole Grain Apple Cinnamon Donut Apple Slices 1% Milk	Whole Grain Bagel with Cream Cheese / Sunbutter 100% Fruit Juice 1% Milk	Strawberry Nutrigrain Breakfast Bar w/ Graham Fresh Banana 1% Milk	Whole Grain Banana Bread Slice 100% Fruit Juice 1% Milk	Whole Grain, Chocolate Chip Muffin w/ Graham Fresh Orange Slices 1% Milk
2	3	4	5	6
Assorted Whole Grain Cereals w/ Graham Cracker Applesauce Cup 1% Milk	Sweet Potato Cinnamon Roll with Icing Orange Slices 1% Milk	No School JULY 4 TH !	Apple Cinnamon Muffin Top Orange Slices 1% Milk	Cocoa Puff Cereal Bar Apple Slices 1% Milk
9	10	11	12	13
Cinnamon Crumb Cake Apple Slices 1% Milk	Whole Grain Banana Bread Orange Slices 1% Milk	Strawberry Nutrigrain Bar w/ Graham Cracker Applesauce Cup 1% Milk	Whole Grain, Blueberry Muffin Orange Slices 1% Milk	Sweet Potato Cinnamon Roll with Icing Apple Slices 1% Milk
16	17	18	19	20
Whole Grain Apple Cinnamon Donut Apple Slices 1% Milk	Whole Grain Bagel with Cream Cheese / Sunbutter Orange Slices 1% Milk	Cocoa Puff Cereal Bar Applesauce Cup 1% Milk	Whole Grain Banana Bread Orange Slices 1% Milk	Whole Grain, Chocolate Chip Muffin Apple Slices 1% Milk
23	24	25	26	27
Assorted Whole Grain Cereals w/ Graham Cracker Applesauce Cup 1% Milk	Sweet Potato Cinnamon Roll with Icing Orange Slices 1% Milk	Cinnamon Toast Crunch Cereal Bar Apple Slices 1% Milk	Apple Cinnamon Muffin Top Orange Slices 1% Milk	Whole Grain Banana Bread Apple Slices 1% Milk

The Facts about Breakfast!

Fun Fact: Choosing breakfast foods that are rich in whole grains, fiber, and protein while low in added sugar may boost kids' attention span, concentration, and memory — which they need to learn in school!

Breakfast Price: No Charge!

Carton of Milk: Included.

Daily Breakfast Includes:

Whole Grain Rich Items – 1oz - 2oz

1% Milk, or Lactaid – 1 cup

Fresh Fruit – 1 cup

Grab Apples!



Made by the Champlain Valley Specialty Co. in NY. All apples are grown in NY state.

USDA is an equal opportunity provider and employer
Menus may contain allergens
Menus subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1	2	3
Cinnamon Crumb Cake Apple Slices 1% Milk	Whole Grain Banana Bread Orange Slices 1% Milk	Strawberry Nutrigrain Bar w/ Graham Cracker Applesauce Cup 1% Milk	Whole Grain, Blueberry Muffin Orange Slices 1% Milk	Sweet Potato Cinnamon Roll with Icing Apple Slices 1% Milk
6	7	8	9	10
Whole Grain Apple Cinnamon Donut Apple Slices 1% Milk	Whole Grain Bagel with Cream Cheese / Sunbutter Orange Slices 1% Milk	Cocoa Puff Cereal Bar Applesauce Cup 1% Milk	Whole Grain Banana Bread Orange Slices 1% Milk	Whole Grain, Chocolate Chip Muffin Apple Slices 1% Milk
13	14	15	16	17
Assorted Whole Grain Cereals w/ Graham Cracker Applesauce Cup 1% Milk	Sweet Potato Cinnamon Roll with Icing Orange Slices 1% Milk	Cinnamon Toast Crunch Cereal Bar Apple Slices 1% Milk	Apple Cinnamon Muffin Top Orange Slices 1% Milk	Whole Grain Banana Bread Apple Slices 1% Milk

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