

Amherst Regional High School

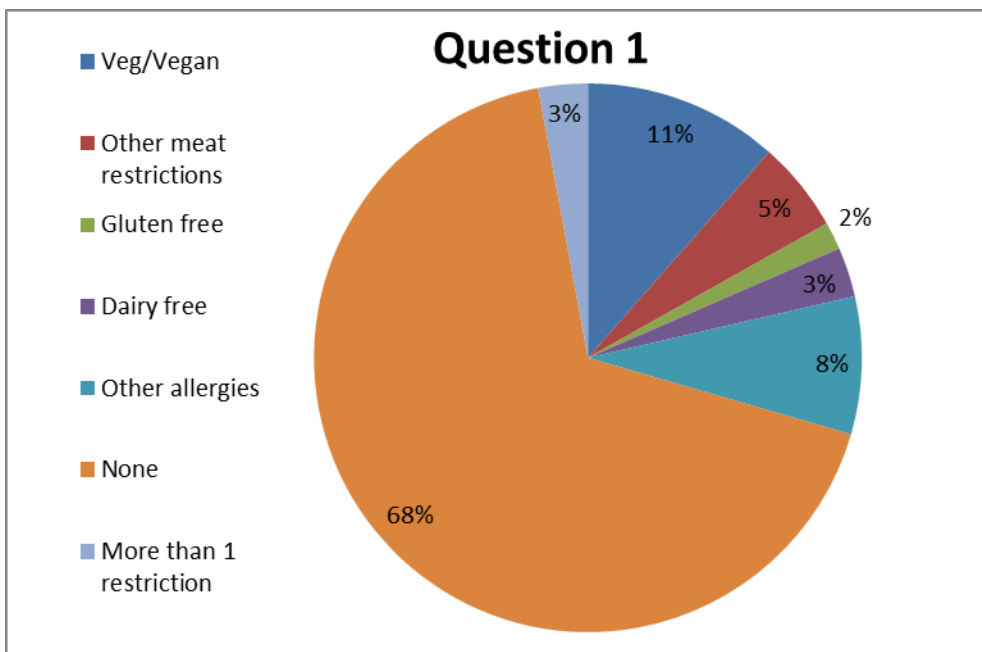
Survey Results Draft

March 1, 2016

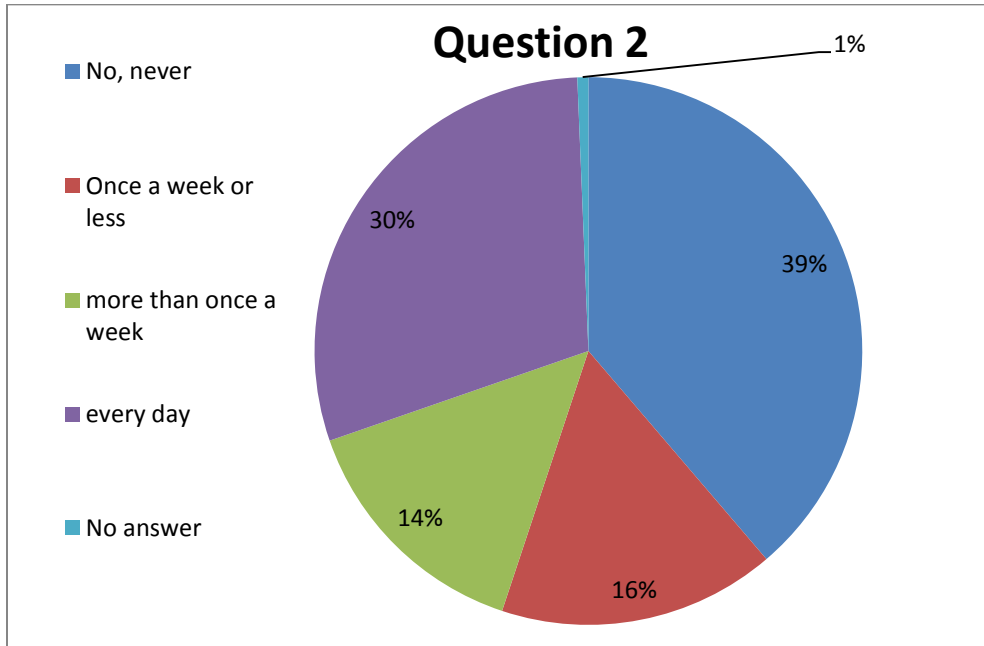
**Background:**

The District formed a food service advisory committee in 2015. The committee, which is comprised of High School students, meets with the Director of Finance and Director of Food Services periodically to discuss strategies for improving the food service program. In 2016, the committee developed a survey for High School students. That survey was completed by over 600 High School students during an advisory period in January. The following report shares the survey results.

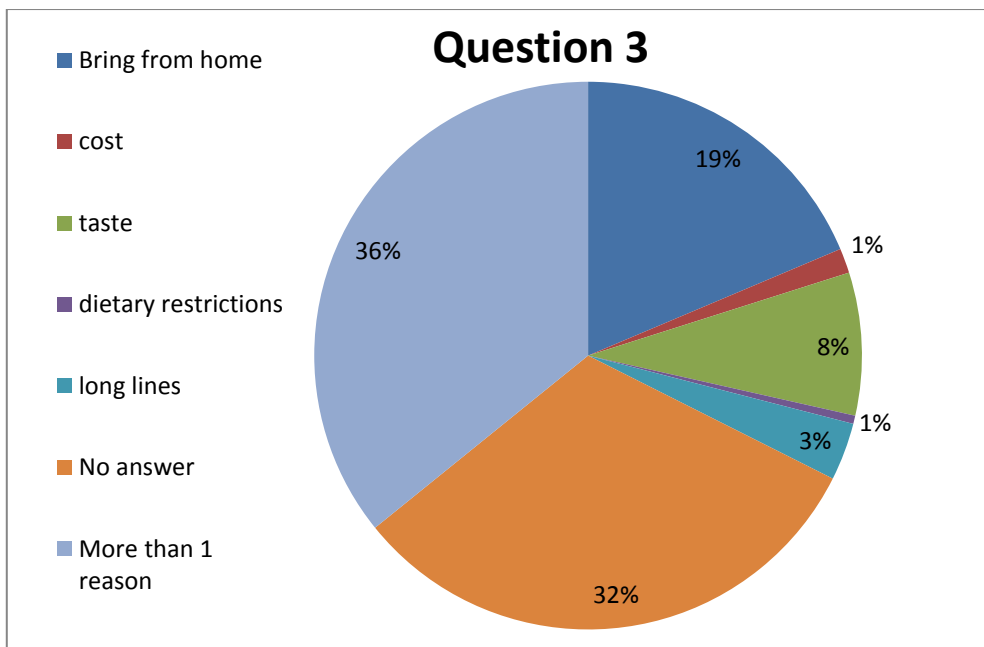
1. Do you have any dietary restrictions?
  - A) Vegetarian/Vegan
  - B) Other meat restrictions (e.g. no red meat)
  - C) Gluten free
  - D) Dairy free
  - E) Other allergies



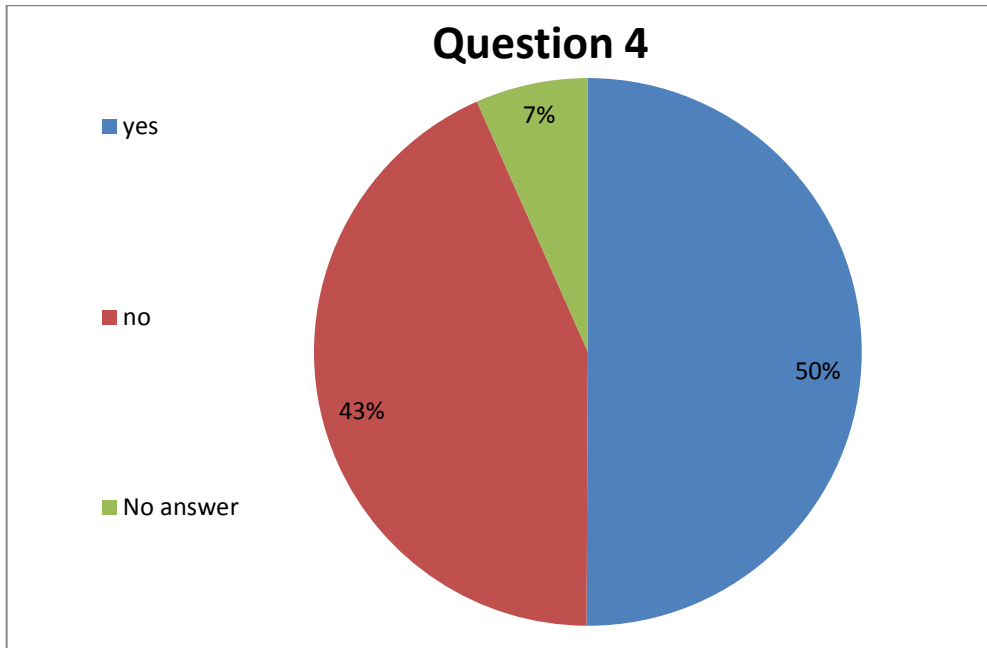
2. Do you eat school lunch? How often?
- A) No, never
  - B) Once a week or less
  - C) More than once a week
  - D) Every day



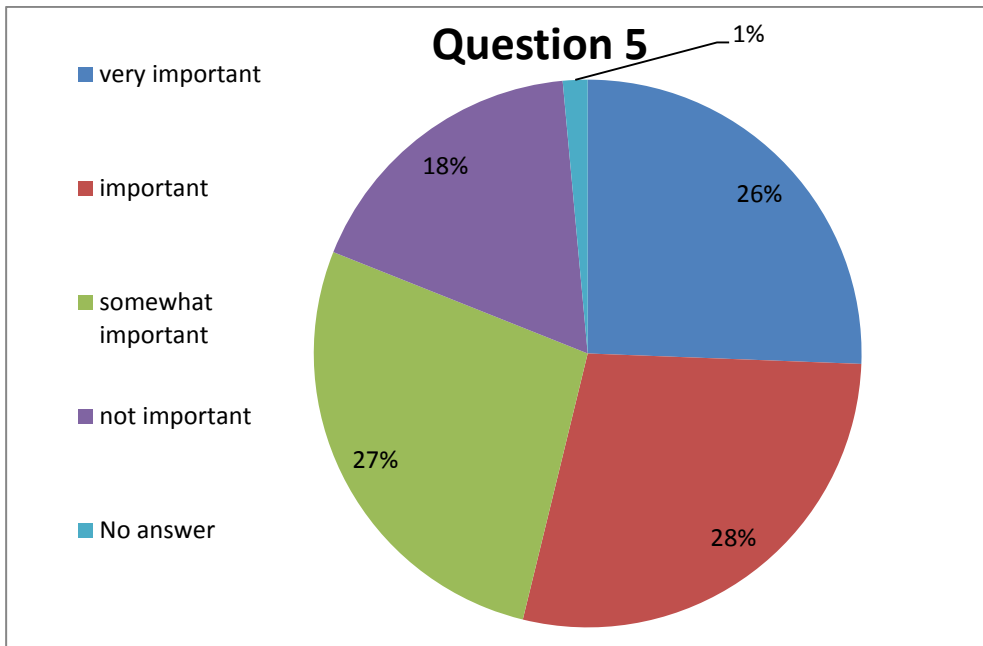
3. If you don't eat school lunch, then why? (Check all that apply)
- A) Bring from home
  - B) Cost
  - C) Taste
  - D) Dietary restrictions
  - E) Long lines



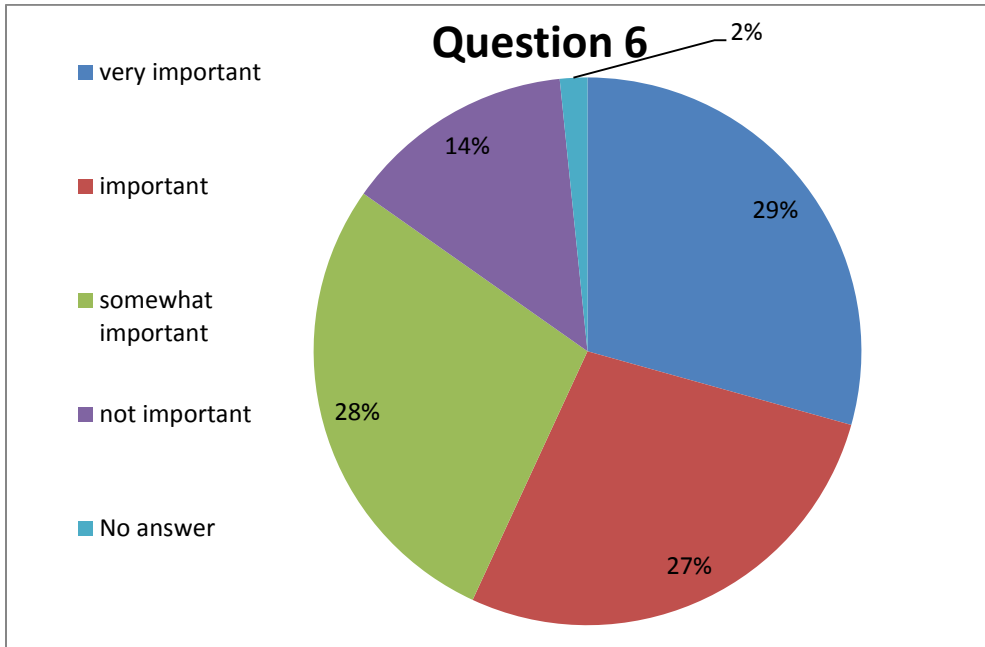
4. Have you ever not eaten lunch because there was nothing in the line that you wanted?  
A) Yes  
B) No



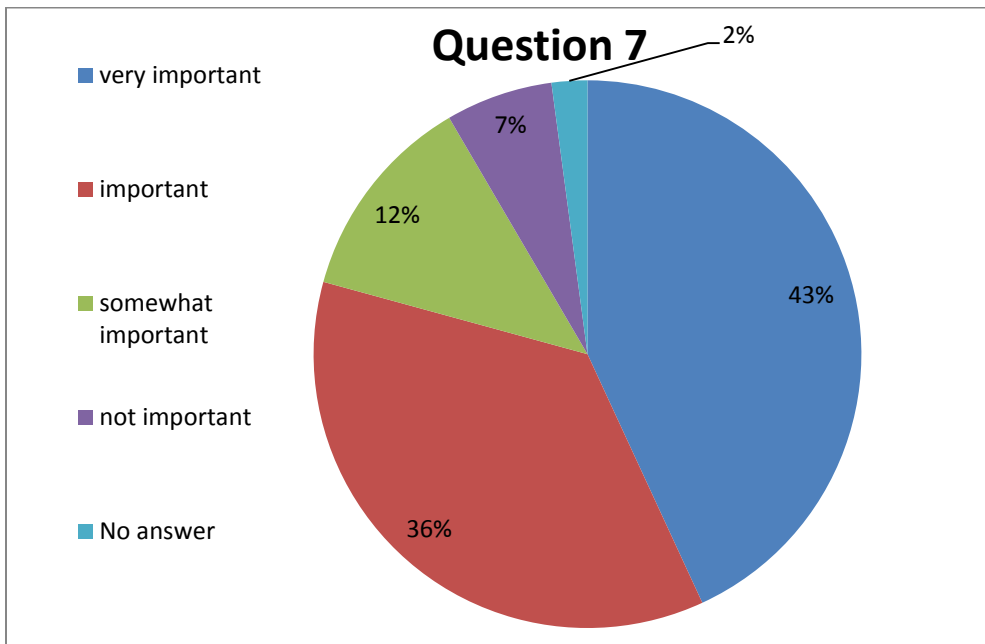
5. How important is locally sourced food to you?  
A) Very important  
B) Important  
C) Somewhat important  
D) Not important



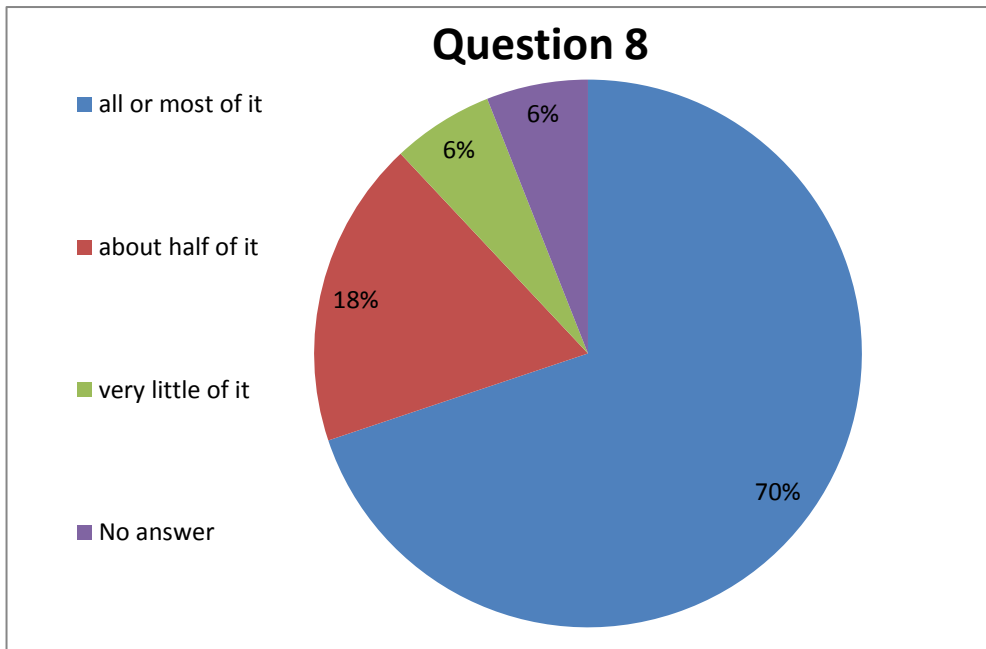
6. How important is organically grown food to you?
- A) Very important
  - B) Important
  - C) Somewhat important
  - D) Not important



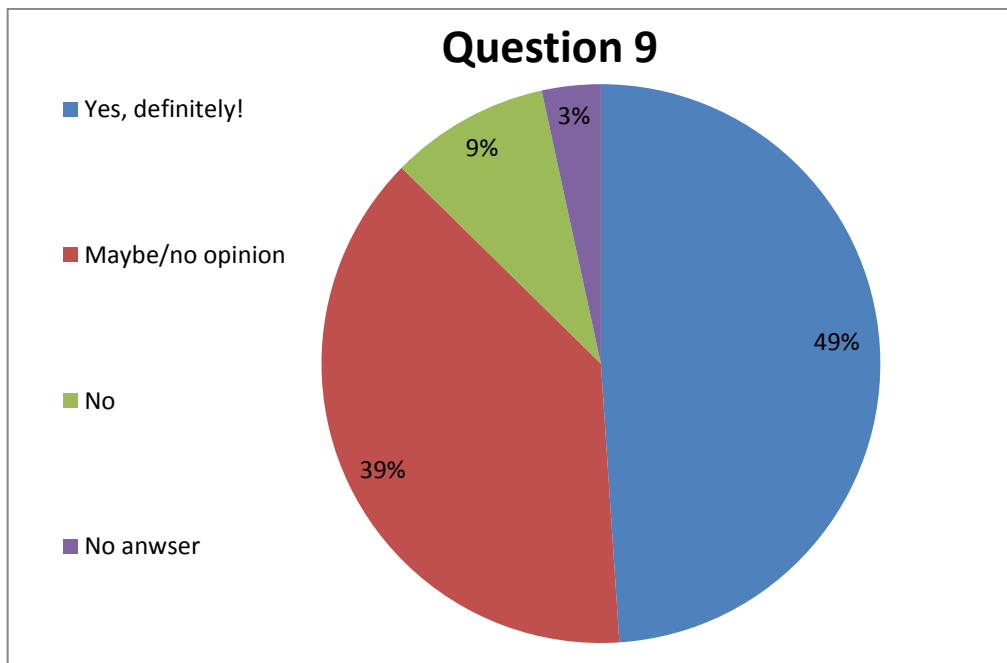
7. How important is healthy food to you?
- A) Very important
  - B) Important
  - C) Somewhat important
  - D) Not important



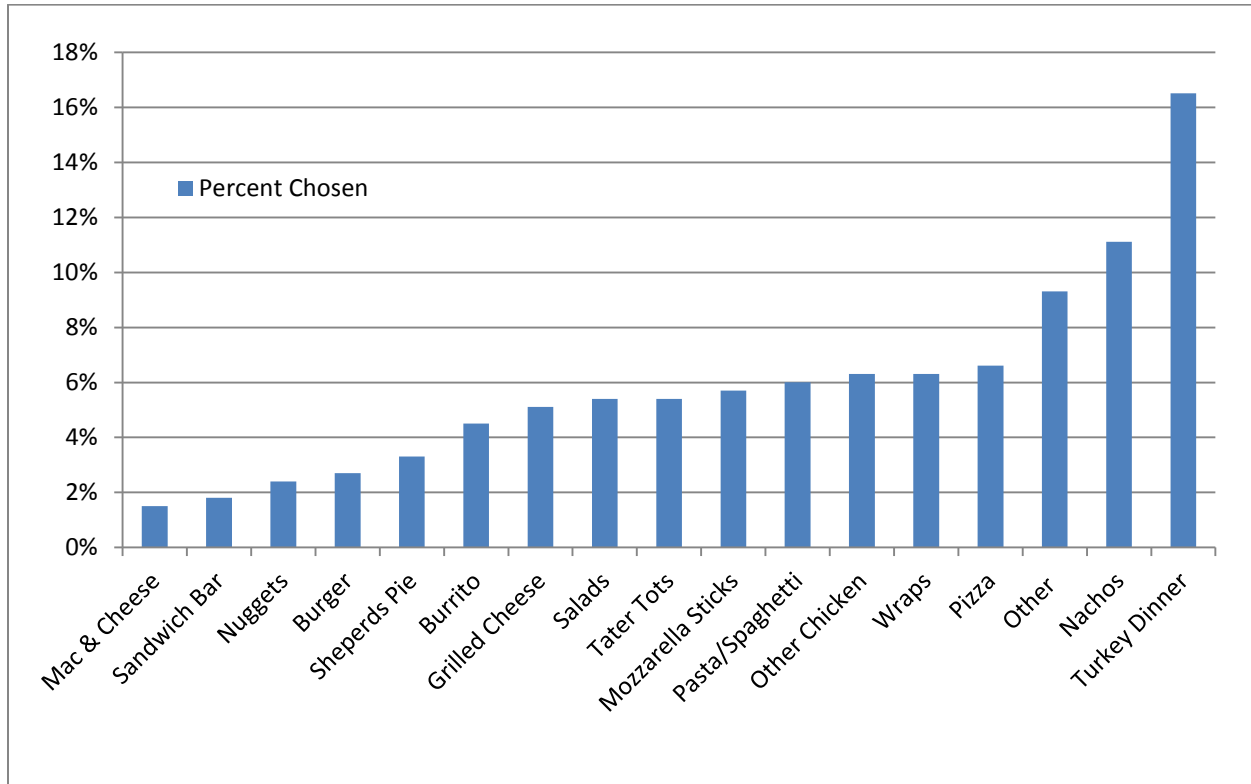
8. How much of your meal do you eat?  
A) All or most of it  
B) About half of it  
C) Very little of it



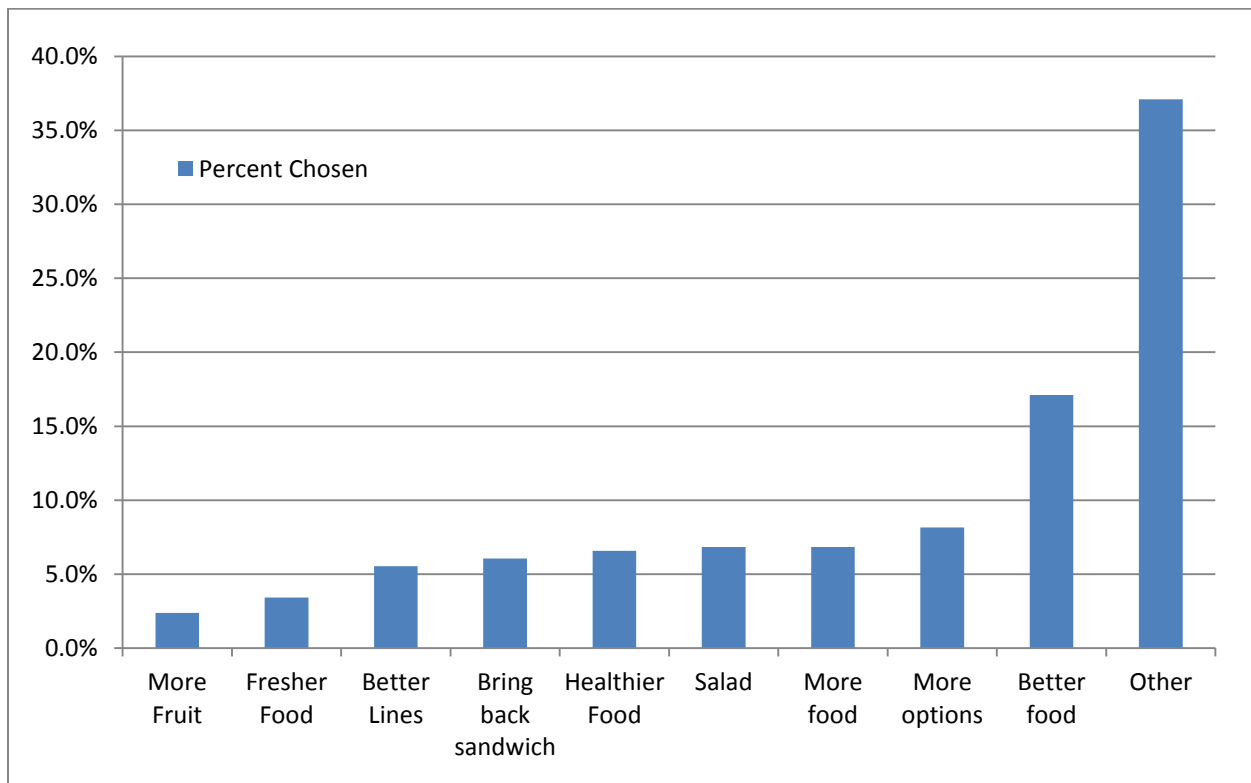
9. Would you like a salad bar at the high school?  
A) Yes, definitely!  
B) Maybe/no opinion  
C) No



10. What is your favorite meal currently offered by the cafeteria (333 responses)?



11. What is one suggestion for improvement that would make you more likely to buy school lunch? Please be specific and constructive.

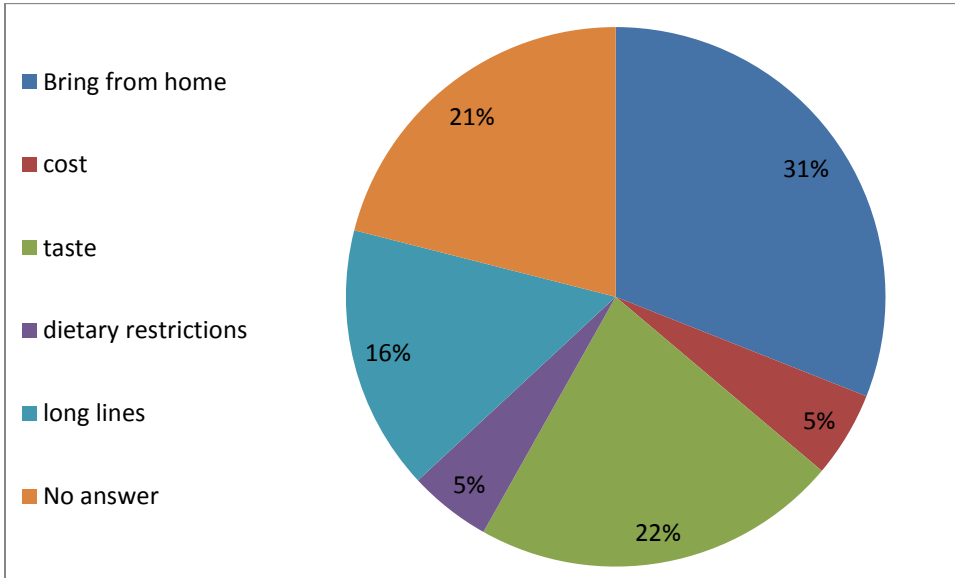


**Extended Results:**

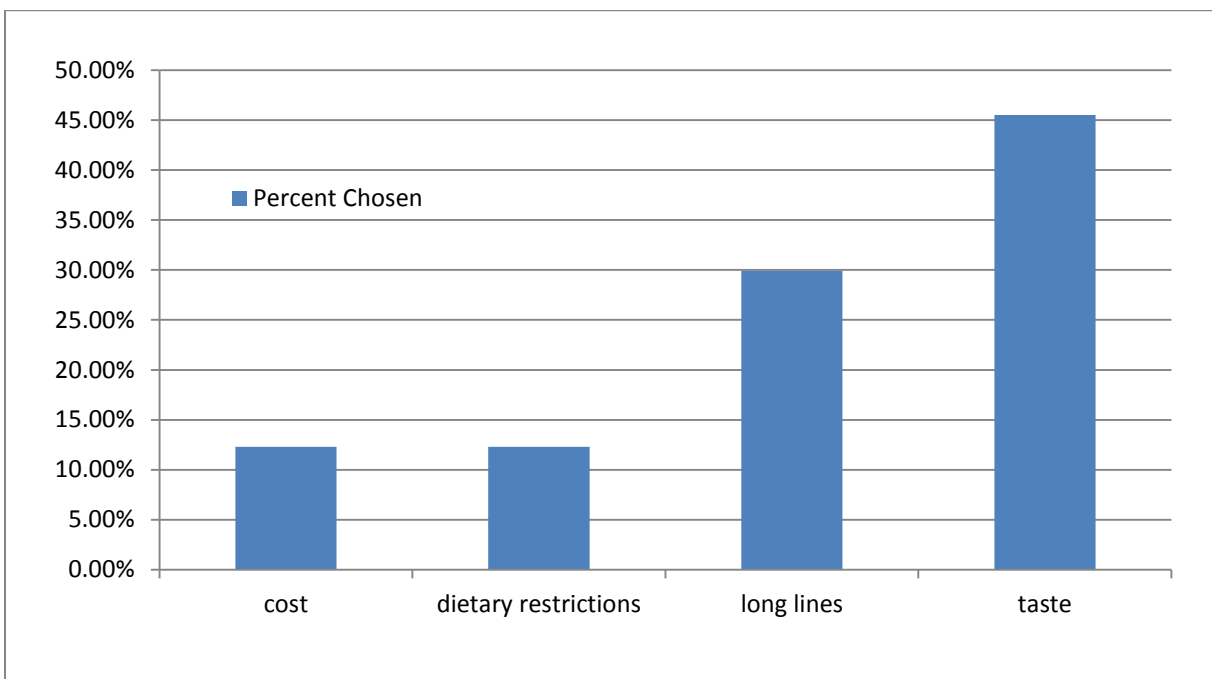
1. Percentage of vegetarians/vegans that eat lunch at least once per week – 49.30%

2. If you don't eat school lunch, then why? (Check all that apply) – Breakdown allocates the students from question three that selected more than one answer.

- A) Bring from home
- B) Cost
- C) Taste
- D) Dietary restrictions
- E) Long lines



3. Of the 289 students that said they bring lunch from home, 173 students selected another reason for not eating school lunch.





4. Of the 340 students that eat school lunch less than once per week, 216 students selected one of the reasons below for why they don't eat school lunch.

